

## **REGENERAR ODEMIRA II** VOLUNTARIADO EUROPEU **ODEMIRA**





#### REGENERAR ODEMIRA II

## Are you searching for long-term volunteering in a natural environment in the South of Portugal?

We have ten ESC positions contributing to the ecological and social sustainability of rural communities, supporting the work of one of the 5 local organisations.

The project "Regenerate Odemira II" is coordinated by the Municipality of Odemira (Portugal) in cooperation with 5 associations active in our territory. From October 2023 until September 2024 (12 months) each of the following association will host 2 international volunteers:

- CACO Local culture, arts and crafts
- FOZ DO MIRA Sea sports and community
- GAIA ALENTEJO Rural regenerative experience
- PROJECT EARTH Art, ecology and community
- ROTA VICENTINA Responsible tourism

#### Applications are open until 15th June 2023.

Volunteering in "Regenerate Odemira II" means taking part of the European Solidarity Corps. Participants are aged from 18 to 30 years old. All expenses are covered by the programme: food, accommodation, health insurance and pocket money + traveling from your country to Odemira (considering maximum amount for travel costs).

#### TO APPLY:

Read carefully each of the available positions, the hosting conditions, expected tasks for the volunteers and the profile of participants. Then:

• Fill in the online application form:



- Be specific to which position you're applying to! We are expecting to read about your motivation to be a volunteer in that specific project.
- Be ready to send a short video (simple one, homely made) of 2 minutes, presenting your personal profile & history
- Submit your application form(s) until the 15th of June.

Contact for more informations: juventude@cm-odemira.pt

#### INSPIRATION

Video about EVS in Odemira | A DREAM CALLED EVS

Video about Odemira | <a href="https://www.youtube.com/watch?v=l-v6bhSkdScq">https://www.youtube.com/watch?v=l-v6bhSkdScq</a>



### **Local culture, Arts & Crafts**

Dates: **01/10/2023** - **30/09/2024** (12 months)

Venue: **Odemira – Portugal** Hosting organization: **CACO** 

Website | https://cacoartesanato.pt/

Facebook | https://www.facebook.com/www.cacoartesanato.pt/

Instagram | https://www.instagram.com/artesaos\_concelho\_odemira/

#### **HOSTING ORGANIZATION**

CACO is an non-profit association aiming at uniting and representing local artisans, by contributing to the dignification of craft activities. According to its mission, CACO association carries out several actions to support the commercialization of handicrafts, namely those resulting from the work of its associates, and also:

- to promote activities that encourage and foster knowledge and dissemination of the local handicrafts activity (namely with schools and the local community)
- to promote the professional training of artisans
- to network at different levels with entities with an interest, or direct intervention, in the arts and crafts sector.

Presently CACO coordinates the project CRIAR – Network Center for the Innovation of the Regional Handicraft and offers workshops and tours based on real experiences in the scope of the traditional arts and crafts. This network center is located in Odemira, a rural area which confines with the Atlantic where agriculture and sea related activities are developed by local communities.

There are several cultural programs specially designed for the visitor (and the local community) to know Odemira region, with paths through landscapes, villages and private environments. The activities and projects promoted and developed by CACO aim at the local communities - particu-

larly young people - and also the visitors of the region who search for a closer contact with the local

culture.

#### **DESCRIPTION OF ESC VOLUNTEERING PROJECT**

Two volunteers will be integrated in the team of CACO for a period of 12 months, in the village of Odemira, participating in different projects related with the local culture and the arts and crafts. Most of the work will happen in CACO's building, where we have CRIAR – Network Center for the Innovation of the Regional Handicraft, constituted by 2 workshop spaces prepared for ceramic, wood, sewing and jewelry. CACO also has 2 exhibition rooms and a store where the arts from our associates and local products are commercialized.

The CRIAR space intends to welcome everyone in its exhibition spaces and workshops. These activities are aimed at a wide range of audiences: from the community local residents - Portuguese, foreigners and migrants - as well as visitors to the region and have very different objectives:

- Training and qualification
- Promotion of local products
- Dissemination of workshops and experiences with the artisans of CACO
- Artistic residencies

CACO is hosting international volunteers for the first time. Young people applying should be pro-active and willing to grow together with the team in CACO.

#### **ESC POSITIONS**

Position 1 + 2 | Local culture, arts and crafts

Two volunteers will be integrated in the team of CACO and will support the various activities promoted by CACO, in the CRIAR space, in the workshops of artisans and in local fairs to which the Association is invited to attend.

The volunteers will be included in the different phases of the activities: design, preparation, implementation and evaluation, including monitoring and dissemination of CACO's activities.

With the support and orientation of CACO's Communication Manager, the volunteer will be familiarized with the association's communication plan and available tools (material and digita) and will support its implementation.

Volunteers and the team of CACO have a meeting at the beginning of the week to define activities and specific tasks and another meeting at the end of the week for assessment. The volunteer will have a full-time occupation, between 30 and 35 hours per week, with two days off per week and 2 days of vacation per month. The week includes Portuguese classes, reflection sessions, organization and assessment of tasks, within working hours.

#### Tasks of the volunteer:

- Meeting at the beginning of the week, where specific activities and tasks are defined;
- Meeting at the end of the week for evaluation;
- Follow-up of events promoted by CACO (workshops, exhibitions, others);
- Support for the implementation of the CACO Communication Plan;
- Monitoring the activities carried out by CACO and disclosing them on social networks and other CACO communication channels;
- Photographic documentation and creation of small films;
- · Maintenance of Facebook and Instagram;
- Design and promotion of events and activities;
- Other tasks pertinent and related to events.

#### **Expected learning outcomes:**

The volunteer position with CACO opens the opportunity to learn and experience how activities related to the valorization of heritage and local way of life can constitute, in a rural context, a opportunity for the economic and social sustainability of the resident communities and, at the same time, contribute to the integration of the different cultures that are present in the territory.

You will gain knowledge on topics such as: local crafts, circular economy, social integration and new language.

#### Profile:

ESC positions in CACO fits young people with the following profile:

- Responsable and dynamic;
- Good level of English language;
- Flexibility for working at the weekends if needed;
- Interest in sustainable lifestyles and in reflecting on society, thinking globally and acting locally;
- Creative, artistic and multimedia skills;
- Interest and easy learning the Portuguese language, essential to communicate with the local community:
- With previous experience with your local community and/or associations or other types of social movements
- With a specific interest in developing one or more of the following skills: social skills, arts and crafts skills and information and communication techniques

#### **ACCOMMODATION**

- Volunteers will be accommodated in a rented house in Odemira, in walking distance to the working place. The house will be shared with other ESC volunteers and each one will have his/her own bedroom, which will have a bed and some storage space as well. In this house there is a fully equipped kitchen, a living room and a shared bathroom. The house will have gas, electricity and heating.
- Given that Odemira is a small village, you can access all the available services on foot. In Odemira you can also find a bus station.
- The volunteers will have their allowance which will allow them not only to buy food but also for other expenses.
- The vacations will be agreed between both parties (2 days per month, which can be aggregated and used over long periods).

## FOZ DO MIRA

### **Sea sports and Community**

Dates: **01/10/2023** - **30/09/2024** (12 months) Venue: **Vila Nova de Milfontes - Portugal** 

Hosting organisation: Foz do Mira Website | https://fozdomira.com/

Facebook | https://www.facebook.com/associacaofozdomira/

#### **HOSTING ORGANISATION**

The Associação Foz do Mira (AFM) was founded in 2003 with a focus on sports, social, environmental and educational aspects as outlined in its bylaws. Since its creation, AFM has been promoting closeness and connection to the community through its various areas of action. AFM has been a member of the Portuguese Surf Federation since its foundation and counts individuals and companies, including maritime-tourism operators (surf schools, SUP, kayaking, sports and professional fishing), among its members.

AFM has played a fundamental role in promoting and facilitating the practice of Surf in the local community, particularly among young people, by providing material and human resources at a social rate. In addition to promoting surfing in the community at large, AFM has paid special attention to underprivileged children, ensuring universal access to the sport. In addition to its community surfing initiatives, AFM has represented affiliated athletes in competitive events (regional, national, and European championships).

In terms of environmental efforts, AFM organizes coastal clean-up activities in partnership with the parish of Vila Nova de Milfontes every year and cooperates with the "Juntos Pelo Sudoeste" movement in awareness-raising actions. On an institutional level, AFM has entered into a protocol with the Odemira Nautical Station as a strategic partner, and has also joined the Municipal Security Council. The Odemira Municipal Council has granted AFM a license for surfing activities, further reinforcing AFM's role as a central organization for surfing in the local community

#### **LOCAL CONTEXT**

AFM is located in Vila Nova de Milfontes, a Portuguese parish in the municipality of Odemira, with an area of 75.88 km<sup>2</sup> and a population of 5660 inhabitants (2021 census). Its population density is 74.6 inhabitants per square kilometer.

Vila Nova de Milfontes is situated on the northern bank of the Mira River estuary and is part of the Southwest Alentejo and Vicentine Coast Natural Park.

#### **DESCRIPTION OF ESC VOLUNTEERING PROJECT**

Two volunteers will be hosted by AFM for 12 months, to provide logistical assistance in the maintenance and revitalization of the association's physical headquarters. Their role will include being present and available to serve customers who visit the space, as well as handling logistical tasks related to association members.

In addition to their involvement with the physical space of the association, volunteers may also contribute to the surfing instruction aspect of the organization. This could involve assisting with material logistics, stock management, participant coordination, and providing any other necessary support.

The volunteers will be integrated into the local community, learning from the people of the land and, consequently, becoming part of their customs and traditions. They will also be involved in the organization and promotion of environmental sustainability activities carried out by AFM, such as the annual beach cleanups.

AFM is hosting international volunteers for the first time. Young people applying should be pro-active and willing to grow together with the team in Foz do Mira, open-minded, cooperative and autonomous.

#### **ESC POSITIONS**

Position 1 + 2 | Sea Sports and Community

Tasks:

- Opening and closing the physical premises of the Association;
- Assisting customers who visit the premises;
- Maintaining the social media accounts;
- Assisting with logistics for surf lessons provided by the Association;
- Involvement in local community surf group dynamics;
- Assisting with logistics and organization of beach cleanups;
- Developing original ideas to benefit the premises, the association, and the community.

#### **EXPECTED LEARNING OUTCOMES:**

The volunteers will learn the customs and traditions of the locals, the surf culture, surf teaching methods and styles, group dynamics and coordination, teamwork development, organization and logistics associated with environmental actions carried out together with the community.

#### PROFILE:

Considering that this is the first time the Association is applying for a volunteer project, it is important that the volunteers be productive, have a willingness to learn and teach, be open to constructive criticism, and be committed to continuously developing and improving their work. It is also important that they possess a profile that can adapt to the constant changes in the environment in which they are inserted, as well as the activities they will be carrying out during their volunteer service. They should be individuals with a passion for the sea and nature, with an understanding of the intersection with the local community and some level of environmental sensitivity, in order to be in tune with the values of the association.

#### **ACCOMMODATION**

- Volunteers are hosted in the village of Vila Nova de Milfontes, sharing a rented house. The house will be completely furnished and equipped, allowing each participant to have her/his own room and a shared kitchen and bathroom. The house is located inside the village, in walking distance to grocery, vegetable and fish market, bakery, cafes, restaurants and bank.
- AFM provides bikes for local transportation in the village and surroundings.
- Volunteers get a monthly fee for food and prepare their own meals.

# GAIA Alentejo

### **Rural Regenerative Experience**

Dates: 01/10/2023 - 30/09/2024 (12 months)

Venue: São Luís - Portugal

Hosting organisation: GAIA Alentejo

Blog | https://gaiaalentejo.wordpress.com

Facebook | https://www.facebook.com/GAIA-Alentejo-183468988491962/

Centro Co.Re | https://www.co-re.info/

Map | https://goo.gl/maps/Ku5G2MyJ8iZ1VLkC8

#### **HOSTING ORGANISATION**

GAIA is a Portuguese Environmental NGO that promotes agroecology and regeneration through non formal education activities. GAIA is mainly active in the rural village of São Luís (Odemira), with our actions we raise awareness on environmental issues such as eco-consumption, food sovereignty and regenerative development.

GAIA Alentejo's objective is to boost citizens' movements for rural sustainable development in Odemira municipality. With our actions we raise awareness and build competences on environmental issues and global environmental challenges and we promote the active involvement of local communities through the use of participatory techniques.

The main beneficiaries of GAIA Alentejo are the local communities of all ages in the villages around São Luís. GAIA Also works with international youth and youth workers to build competences on Cooperation and Regeneration.

#### **DESCRIPTION OF ESC VOLUNTEERING PROJECT**

ESC in São Luís consists of developing a Rural Regenerative Experience. This long-term volunteering experience is targeted at young people aged 18-30 who are aware of global environmental challenges and wish to develop competences on how to be part of the solution. We are looking for participants who are open and ready to be an active member of the local rural area of Odemira.

Volunteers are hosted in São Luís by pairs and during the program GAIA Alentejo organizes activities together with the network of local partners for the volunteers to contribute to the local rural development. GAIA Alentejo is working with youth through the Co.Re Learning Center and visiting schools in the municipality of Odemira. GAIA also organizes training courses within the Erasmus + programme. The local partners are a combination of traditional community organizations in São Luís and newly established agro-ecological initiatives. Throughout the volunteering, the volunteers are encouraged to experience a variety of working realities, then gradually focus on individual learning goals and in which initiatives they can develop themselves, moving towards a final personal project that contributes to the community. For this process GAIA Alentejo puts in practice a strong mentorship program.

Their role is designed so that young people have an enriching life and learning experience in the area of the project, through a well defined set of tasks, integrating their ideas and supporting creativity, experience and autonomy. Volunteers' needs and learning expectations are taken into consideration. The focus is the learning experience in a way to contribute to the local environment and/or community. Volunteering is driven by the will to contribute to a collective purpose and to experience solidarity.

Volunteers will be living in the village, in a rural context. São Luís community has 2000 inhabitants, is located in the Alentejo region and has many natural sites, including the natural park of Costa Vicentina. The village is quite isolated as public transports are scarce. Volunteers go through an initial process of integration in the local community, which includes learning Portuguese language and attending cultural initiatives, which is helpful for their stay in São Luís. GAIA Alentejo implements this activity in con-

sortium with other hosting partners, so that volunteers are included in a group of volunteers that act as supporting group for each other.

GAIA Alentejo is very experienced in hosting and coordinating international volunteers.

#### **ESC POSITIONS**

Position 1 | Rural Regenerative Experience: Agroecology

The volunteer will have the opportunity to experience different activities during the year, led by GAIA association as well as our local partners. The tasks of the volunteer will be built in a yearly calendar, according to seasonal needs, and the volunteer should be available to perform different kinds of tasks, responding to the needs of the working groups, such as:

- To support hands-on activities: vegetable garden, food forest, construction of ecological systems, tree nursery, plantations, confection of handmade cosmetics, food preservation etc;
- To support in the dynamization & logistics of activities held at the Centro Co.Re Learning hub
- To support and learn from an agroecological kitchen Espaço Nativa
- To support the conception, preparation, implementation and documentation of events (debates, films, presentations, workshops, walks...) held by GAIA Alentejo and local partners;
- To support implementing networking activities.

#### Position 2 | Rural Regenerative Experience: Communication

Together with the volunteer in Position 1, this volunteer will have the opportunity to experience different projects, led by our local partners. The tasks of the volunteer include hands-on activities to experience and learn by doing, as well as the implementation of communication activities. Tasks include:

- To support hands-on activities: vegetable garden, food forest, construction of ecological systems, tree nursery, plantations, confection of handmade cosmetics, food preservation etc;
- To support in the dynamization & logistics of activities held at the Centro Co.Re Learning hub
- To support the communication strategy of GAIA Alentejo, the photo and video documentation of our initiatives and the maintenance of social networks;
- To develop creative communication events to strengthen the local/ regional network and to reach new audiences.

#### **PROFILE**

The Rural Regenerative Experience is looking for young people aged 18-30 who are aware of global environmental challenges and wish to develop competences on regeneration. We are looking for participants who are open, flexible and ready to be an active member of the local rural area of Odemira. Young people should express:

- Clear interest in agroecological lifestyles and in reflecting on society, thinking global and acting local;
- Specific motivation to live one year in a rural community (2000 inhabitants);
- Language skills and clear motivation to learn Portuguese language, curiosity for local rural culture;
- Being active in his/her local community and having experience in associations or other social movements;
- Clear interest in developing one or more of the following competences: methodologies of self-organisation at community level and techniques of participation; practical experience in permaculture/agroecology; knowledge on ecology and regeneration.

For the Position 2 the profile further includes:

- Experience and enjoyment in using social digital media, photography and video, writing or other communication techniques;
- Clear interest in developing communication skills for social movements;

• It's appreciated that the volunteer brings his/her personal equipment, in particular computer. If you don't have one, please mention it while filling in the application form.

Motivation is the main selection criteria. GAIA makes no distinction regarding gender, sexual orientation, nor prior formal education. Priority will be given to candidates with less opportunities (for example coming from rural background, geographic isolation or with economic obstacles). Gender balance is considered while selecting volunteers.

#### **ACCOMMODATION**

- Volunteers are hosted in the village of São Luís, sharing a rented house. The house will be completely furnished and equipped, allowing each participant to have her/his own room and a shared kitchen and bathroom. The house is located inside the village, in walking distance to grocery, vegetable and fish market, bakery, cafes, restaurants and bank.
- GAIA provides bikes for local transportation in the village and surroundings.
- Volunteers get a monthly fee for food and prepare their own meals.

## PROJECT EARTH

### **Art, Ecology and Community**

Dates: 01/10/2023 - 30/09/2024 (12 months)

Venue: **Santa Clara-a-Velha – Portugal** Hosting organisation: **Project Earth** 

Instagram | www.instagram.com/clarabyprojectearth, www.instagram.com/guardioes\_do\_mira,

www.instagram.com/aldeias\_a\_vista, www.instagram.com/sos\_rio\_mira

Facebook | www.facebook.com/clarabyprojectearth

#### **HOSTING ORGANISATION**

Project Earth is a non-profit association, founded in 2017, based in Sabóia in the interior of the Municipality of Odemira, south of Portugal. It promotes multidisciplinary regenerative practices, which encourage collaboration and the involvement of the community, focused on the potential of place, that contribute to more solidary communities and healthier ecosystems. Develops and collaborates in different local projects such as the Guardiões of Mira (education, art, science, ecology and community), Aldeias à Vista (monthly cultural events), CLARA - Center for Rural Future (regenerative lab) and the activist group SOS Rio Mira, giving support to other local projects that value the territory, that offer diversity and new opportunities for everyone.

#### **LOCAL CONTEXT**

Project Earth activities are mainly developed in the interior of the municipality of Odemira between the parishes of Sabóia (921 residents), Luzianes (372 residents) and Santa Clara-a-Velha (632 residents). This beautiful rural region with friendly people, plenty of sunshine, clean air and picturesque villages, is our territory of intervention. It can easily be reached by train from Lisbon or Faro and is surrounded by a plethora of attractions to explore, including the spectacular Santa Clara dam part of Mira river, the amazing beaches of Costa Vicentina, archaeological landmarks, the Serra de Monchique, mountain biking and hiking paths to explore the beautiful Alentejo landscape. As many other rural regions in Europe it has been suffering from depopulation and aging of its population but in opposition has been attracting several foreign communities looking for alternative ways of living in closer contact with nature. Water scarcity is the main local challenge due to climate change, deforestation and local intensive farming practices.

#### **DESCRIPTION OF ESC VOLUNTEERING PROJECT**

Volunteers will be integrated into Project Earth's working groups, participating in the various ongoing projects. They will have the opportunity to establish contact with a diversity of disciplines, from arts to design, from agriculture to ecological regeneration and activism in a practical learning-by-doing process, developing their personal skills and exploring their individual potential for better self-knowledge. They will learn portuguese, have contact with the local culture and with sustainable ways of life and will support the social solidarity activities included in the various projects. A life-changing experience and an opportunity to develop their skills and personal projects.

#### **ESC POSITIONS**

Position 1 + 2 | Art, Ecology and Community

We care for each other and for our ecosystems and we expect volunteers to be part of our community of care.

Profile of the Volunteers: Volunteers should be empathic and motivated to learn and to experience rural living. We integrate all independently of gender, race, religion, graduation or any other difference. We value diversity and also diversity of knowledge and skills. We want to reveal the volunteer's potential so we need them to be autonomous, adaptable and generous like we try to be.

Tasks and expected learning outcomes: Volunteers will do what we do, learn with us as we shall learn with them, experiencing:

- to develop new projects or manage and operate ongoing ones,
- to communicate them,
- to apply for funding,
- to contact partners, artists, farmers or others,
- to develop digital tools,
- to register information and organize it,
- to visit other projects, to learn new skills and expressions,
- to work with a team and to collaborate,
- to support the community and be part of it.

We want volunteers to have unforgettable memories and if they decide to stay at the end, we keep caring.

#### **ACCOMMODATION**

The two volunteers will be accommodated in the center of Santa Clara-a-Velha, sharing a house, with wifi internet, two individual bedrooms, one shared bathroom, a living room and an equipped kitchen where they can prepare their own meals. They will receive and manage a monthly allowance for food costs. For mobility within the scope of volunteering, transportation will be provided by the association. The remaining trips will be provided by the local public transport network.

## ROTA VICENTINA

### **Responsible Tourism**

Dates: 01/10/2023 - 30/09/2024 (12 months)

Venue: Odemira (and the region between Santiago do Cacém and Lagos) Portugal

Hosting organisation: Rota Vicentina Association

Website | rotavicentina.com

Facebook | https://www.facebook.com/rotavicentina/ Instagram | https://www.instagram.com/rotavicentina/

Video about Rota Vicentina | Fall in Love with this Land // Amor a esta Terra - Rota Vicentina

Office | Rota Vicentina

#### **HOSTING ORGANISATION**

#### The Association

Rota Vicentina – Association for the Promotion of Nature Tourism in Alentejo and Vicentina Coast was created in 2013 with the purpose of managing the network of trails and strengthening the potential of this territory as an area for dynamic and sustainable tourism with regenerative capacity.

With about 100 founding members, today it has more than 200, mostly local companies, but also individuals, some public entities, more than 40 tour operators from 11 different countries and a network of 200 volunteers, which have supported and enabled the project at various levels.

Serving the interest of its Associates, Rota Vicentina follows the route of public interest, managing a network of trails as public infrastructure and the brand Rota Vicentina—as private capital for the economic stimulation of the network of partner companies, which in turn invest in a joint model of sustainable commitment in the region. Because of its innovative model, Rota Vicentina has been a reference for many similar projects, whilst it has itself continued seeking inspiration in other places in Portugal and the world.

#### **Volunteering in Rota Vicentina**

Rota Vicentina is much more than trails with its diverse and unique offers. It is a living network that connects people, territory and heritage, contributing to the sustainability of the rural areas of this special region.

There are different ways of contributing and collaborating behind the scenes of the development and preservation of Rota Vicentina and its region, one of them is volunteering. Being a volunteer is an act of love. And in Rota Vicentina we want to receive those who dedicate themselves to the same cause as we do. Long term volunteering is the perfect way to help the Association.

Local context

The current ESC activity takes place essentially in the town of Odemira, which is also the county seat, in Baixo Alentejo region. This municipality is the largest in the country, in terms of territory area, with a marked population dispersion. It has rural characteristics, especially in the interior areas. The coastal strip has many beaches with a strong tourist activity in summer.

Odemira currently has about 3200 inhabitants, a primary school and two kindergartens, two pharmacies, a library, a day care center and a home to support the elderly, a long term care unit, a recreational society, health center, banks, mini-markets and a traditional market, gas stations, several cafes and restaurants, other small local commerce initiatives. It is a region with a marked rural exodus, with a tendency for the population with higher academic qualifications to move to the cities.

#### **DESCRIPTION OF ESC VOLUNTEERING PROJECT**

**ESC POSITIONS** 

Position 1 | Walking trails maintenance and communication

Video about maintenance in Rota Vicentina | Manutenção na Rota Vicentina significa... - Rota Vicentina 2018

The volunteer will be welcomed by the Rota Vicentina Association for 12 months, with the aim of integrating the Walking Trails Maintenance program, supporting the Volunteering area (on the field, but also with the remote volunteering platform) and producing compelling and quality multimedia content

• articles, photography and video - on the various dimensions of the Rota Vicentina project.

#### Tasks include:

- To support the organization and effective field work during the walking trails maintenance and other specific activities, such as garbage collection, invasive species removal, collection of field monitorization data, environmental awareness activities;
- To cover all maintenance activities with photography and/or video for sharing via social networks;
- To produce content about walking trails, maintenance and volunteering for social networks and Rota Vicentina blog;
- Ro recruit, support and monitor volunteers and caretakers, with the aim to strengthening the current network of volunteers;
- To assist in the preparation of the internal newsletter for partners, volunteers, caretakers;
- To assist in the preparation of special events.

#### Learning outcomes:

- How to work in the associative environment
- To work with a team and to collaborate
- To develop/manage projects
- To communicate online
- To contact partners, volunteers...
- To register information and organize it
- To visit other projects and to learn from them
- To support the community and be part of it.

#### **VOLUNTEER PROFILE**

#### Interests:

- Passion for the rural world and for living in small environments (one year living in a rural community)
- Interest in the areas of nature tourism, responsible tourism and sustainable development
- Conservation
- Photography and / or video
- Travel writing
- Outdoor sports trekking, cycling
- Social networks
- Mastering communication and information technologies
- language skills and clear motivation to learn Portuguese language

#### Personal skills:

- Responsibility, autonomy, dynamism and creativity
- Organization and proactivity
- Good communicator and excellent interpersonal skills
- Teamwork
- Proficiency in spoken and written English and/or Portuguese
- Native language and English traduction
- Flexibility to work at weekend
- Interest and technical knowledge for creating and publishing digital media files audio, video, photo and other graphic materials (flyers, posters), design and communication
- Having a driving license is recommended.

It's necessary that the volunteer brings his/her personal equipment, in particular a computer. If you don't have one, please mention it in the motivation letter.

#### Position 2 | Local community and touristic offer

The volunteer should support the promotion of qualified tourism with a cultural aspect, using storytelling: connect local companies, local communities and heritage elements.

It is intended, through this mission, that the volunteer becomes aware and that he can contribute to the manifestation of responsible tourism practices.

#### Tasks include:

- To make research about material and immaterial heritage, cultural initiatives around Rota Vicentina members (touristic companies);
- To visit and to interview Rota Vicentina companies about cultural aspects;
- With the work did before, to produce content (texts and/or photos) to present the qualified tourist offer of Rota Vicentina members in English end/or Portuguese;
- To produce innovative content (text, photos, illustration, video...) for Rota Vicentina social networks and Rota Vicentina blog) about local community, heritage and touristic offer in English and/or native language;
- To participate and support the team in all the activities of the association.

#### **Expected learning outcomes**

- How to work in the associative environment
- To work with a team and to collaborate
- To develop/manage projects
- To communicate online
- To contact partners and local community
- To register information and organize it
- To visit other projects and to learn from them
- To support the community and be part of it.
- To turn a descriptive content in a promotion content

#### **VOLUNTEER PROFILE**

#### Interests:

- Interest in the areas of nature tourism, responsible tourism and sustainable development
- Capacidade/interesse em adaptar-se a um meio com low density population
- contactar com comunidade local, conhecer várias facetas da uma cultura
- Photography and/or video
- Travel writing and/or drawing
- Outdoor sports trekking, cycling
- Social networks and communication
- Mastering communication and information technologies
- language skills and clear motivation to learn Portuguese language

#### Personal skills:

- Responsibility, autonomy, dynamism and creativity
- Organization and proactivity
- Good communicator and excellent interpersonal skills
- Teamwork
- Proficiency in spoken and written English and/or Portuguese
- Traduction Native language/English
- Graphic Design
- Photography and/or Vídeo
- Storytelling and copywriting
- Interest and technical knowledge for creating and publishing digital media files audio, video, photo and other graphic materials (flyers, posters), design and communication
- Having a driving license is recommended.

It's necessary that the volunteer brings his/her personal equipment, in particular a computer. If you don't have one, please mention it in the motivation letter.

#### ACCOMMODATION / FOOD / TRANSPORT

The volunteer will be accommodated in Odemira in a shared house (together with other 3 volunteers), in which she/he will have a single room. The house will be fully equipped, with a common room and kitchen where they can prepare their meals.

All meals will be the responsibility of the volunteer, guaranteed through a budget delivered to the volunteer on a monthly basis.

For travel within the scope of Volunteering, transportation will be provided by the Association. The remaining trips will be provided by the local transport network.